



Republic of the Philippines  
**Department of Education**  
Region III  
**SCHOOLS DIVISION OF PAMPANGA**

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July 5, 2023

DIVISION MEMORANDUM  
NO. **318**, s. 2023

**“MOVE TO LEARN, LEARN TO MOVE” – CAPACITY BUILDING ON PHYSICAL  
EDUCATION FOR GRADE 1 TEACHERS**

To: Assistant Schools Division Superintendents  
Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors  
Public Elementary School Heads  
All Others Concerned

1. This Office announces the conduct of the **“Move to Learn, Learn to Move” – Capacity Building on Physical Education for Grade 1 Teachers** on July 24-25, 2023, from 8:00 a.m. onwards at Green Manor Hotel, City of San Fernando, Pampanga.
2. Specifically, the capacity building aims to:
  - a. provide teachers knowledge on body awareness, space awareness, qualities, and relationships of movement;
  - b. enhance teachers’ competence and confidence in teaching Physical Education, and
  - c. develop instructional videos in teaching basic movements.
3. Participants to this workshop are the identified Grade 1 teachers and District Physical Education Coordinators of the Schools Division of Pampanga. They are requested to bring their laptops, extension cords, and if there are available digital cameras. Likewise, they are to wear appropriate PE attire.
4. Please refer to Enclosure No. 1 for the list of participants and Training Team and Enclosure No. 2 for the Training Matrix.
5. Participants are entitled to a three – day service credit as stipulated in DO 53, s. 2003 – Updated Guidelines on the Grant of Vacation Service Credits to Teachers. On the other hand, non-teaching and staff (Supervisor and Head Teachers) shall be provided with Compensatory Time Off (CTO) per Civil Service Commission (CSC) and Department of Budget and Management (DBM) Joint Circular No. 2, s.2004 on Non – Monetary Remuneration for Overtime Service rendered. Hence, the non-teaching participants in this training shall be given CTO in lieu of the training days.



Address: High School Boulevard, Barangay Lourdes, City of San Fernando, Pampanga  
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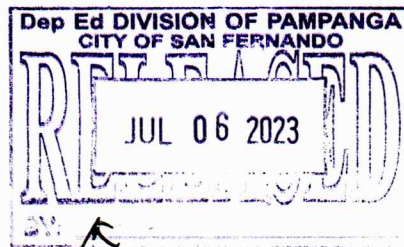
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6. Travel expenses incurred by the Training team shall be charged against the Division HRTD funds subject to the usual accounting and auditing rules and regulations.
7. This serves as the Travel Authority of the participants and training team.
8. Wide dissemination of this Memorandum to all concerned and compliance is earnestly desired.

  
**ROMEO M. ALIP PhD, CESO V**  
Schools Division Superintendent  
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Enclosure No. 1 to Division Memorandum No. \_\_, s. 2023

**List of Participants**

	<b>Name</b>	<b>School</b>	<b>District</b>
1	Lea L. Magcalas	San Nicolas ES	Arayat East
2	Christel Ann C. Mercado	San Agustin ES	Arayat East
3	Melanie D. Munoz	Batasan ES	Arayat East
4	Alfonso R. Due	Gatiawin ES	Arayat West
5	Joanna Carlota M. Tungol	Cacutud ES	Arayat West
6	Mariel S. Mariano	Lacmit ES	Arayat West
7	Gerundio M. Gelig Jr.	Eliseo-Belen E/S Annex	Bacolor North
8	Jocelyn C. Castro	Eliseo-Belen E/S Annex	Bacolor North
9	Paulina D. Dimalanta	Eliseo-Belen E/S Annex	Bacolor North
10	Mark Jim O. Baquing	Parulog ES	Bacolor South
11	Rachel Ann Manguera	Bacolor ES-Proper	Bacolor South
12	Abigail D. Henson	Bacolor ES-Bulaon	Bacolor South
13	Adonis M. Mercado	Mapina Elementary School	Magalang North
14	Sunshine T. Pangilinan	Mariano Baron Elementary School	Magalang North
15	Gretchen D. Llego	Balitucan Elementary School	Magalang North
16	Sharon R. Naguit	San Vicente Elementary School	Magalang South
17	Teresa V. Pagaduan	Ayala Elementary School	Magalang South
18	Kate M. De Dios	Ayala Elementary School	Magalang South
19	Joselyn C. Pineda	Manibaug Pasig Elementary School	Porac East
20	Mary Rose O. Lansangan	Francisco Henson Elementary School	Porac East
21	Michelle D. Sason	Porac Elementary School	Porac East
22	Veronica N. Mercado	Mitla Elementary School	Porac West
23	Racquel P. David	Mancatian Elementary School	Porac West
24	Jinky M. Cayanan	Pio Elementary School	Porac West
25	Twinkle C. Cabanalan	Bahay Pare Elementary School	Candaba East
26	Eufhey S. Dela Cruz	Bahay Pare Elementary School	Candaba East
27	Jenalyn R. Luctu	Dulong Ilog Elementary School	Candaba East
28	Nicholyn B. Nucum	Candaba Elementary School	Candaba West
29	Mark Joven V. Lavides	Gulap Elementary School	Candaba West
30	Rhodora M. Gatbonton	Paralaya Elementary School	Candaba West
31	Charina L. Dela Paz	Salapungan Elementary School	Candaba North
32	Joanna Marie M. Lalu	Mandili Ii Elementary School	Candaba North
33	Leomar T. Dela Cruz	Tagulod Elementary School	Candaba North



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34	Veronica Q. David	Malino Elementary School	Mexico North
35	Angelika Canlas	Suclaban Elementary School	Mexico North
36	Rachelle M. Pamintuan	San Patricio Elementary School	Mexico North
37	Bernadette Maglaqui	Mexico Elementary School	Mexico South
38	Willma V. Suba	Sto. Domingo Elementary School	Mexico South
39	Edwin Ortega	Sto. Domingo Elementary School	Mexico South
40	Ofelia Del Rosario	San Juan Elementary School	Mexico West
41	Sharlene Ibsernas		Mexico West
42	Marites L. Gomez	Pandacaqui Resettlement Elementary School	Mexico West
43	Jeffrey P. Cayanan	Sta. Cruz Pambilog Elementary School	San Luis
44	Edna M. Catalig	San Luis Elementary School	San Luis
45	Alma T. Diaz	Sta Rita Elementary School	San Luis
46	Myka G.Lumanog	San Pablo Elementary School	Sta. Ana
47	Jomarie Shaine H. Cantila	Sto. Rosario Elementary School	Sta. Ana
48	Daryl Dwight N. Labrador	San Roque Elementary School	Sta. Ana
49	Felix C. Ronquillo	Floridablanca Elementary School	Floridablanca East
50	Maria Victoria C. Cabrera	Floridablanca Elementary School	Floridablanca East
51	Roma Amor M. Mallari	San Pedro Elementary School	Floridablanca East
52	Chermer Ann T. Erediano	Basa Air Base Elementary School	Floridablanca West
53	Marisa C. Pangan	Floridablanca New Settlement ES	Floridablanca West
54	Aladin M. Suede	Benedicto Elementary School	Floridablanca West
55	Emiliana M.Taruc	San Juan Nepomuceno ES	Guagua East
56	Bernadette R. Calma	Sta Ines ES	Guagua East
57	Claire D. Malonzo	San Juan Nepomuceno ES	Guagua East
58	Crizel N. Canlas	San Vicente ES	Guagua West
59	Cely Rose P. Vasquez	San Antonio ES	Guagua West
60	Jasmin M. Capuli	San Antonio ES	Guagua West
61	Patris C. Espejo	San Pablo 2nd ES	Lubao East
62	Tinarose Ia O. De Guzman	Remedios ES	Lubao East
63	Annette L. Tolentino	Lubao ES	Lubao East
64	Ana Marie I. Santos	Lauc Pao Elementary	Lubao West
65	Joana Marie C. Silva	Lauc Pao Elementary	Lubao West
66	Catherine L. Jingco	Sta. Cruz Elementary	Lubao West
67	Nicko D. Daag	San Vicente ES	Lubao North
68	Bernadette S. Bacani	Sta. Monica ES	Lubao North
69	Roselle L. Gutierrez	San Roque Dau ES	Lubao North



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70	Cristina M. Panlaqui	Mabuanbuan Elementary School	Sasmuan
71	Catherine N. Laxa	Batang Ii Integrated School	Sasmuan
72	Christopher C. Rivera	Sto. Tomas Elementary School	Sasmuan
73	Roma Anne C. Ramos	Becuran Elementary School	Sta. Rita
74	Watania M. Olegario	Sta. Rita Elementary School	Sta. Rita
75	Maricar T. Mendoza	San Basilio Elementary School	Sta. Rita
76	Jennifer B. Patiag	Fausto Gonzales Sioco Memorial School	Apalit
77	Marilou E. Ibe	Macario Arnedo Elementary School	Apalit
78	Luisa C. Lacanlale	Sampaga Elementary School	Apalit
79	Gennette Dizon	Sta. Lucia Elementary School	Masantol North
80	Angelica Sunga	Sta. Cruz Annex Elementary School	Masantol North
81	Maricris Cajés	San Isidro Elementary School	Masantol North
82	Irene Q. Lacap	Bagang Elementary School	Masantol South
83	Marissa S. Lacap	Balibago Elementary School	Masantol South
84	Rhoda S. Velaquez	Bulacus Elementary School	Masantol South
85	Perlita S. Calara	Macabebe Elementary School	Macabebe East
86	Charmaine G. Tolentino	Caduang Tete Elementary School	Macabebe East
87	Katherine S. Roque	Macabebe Elementary School	Macabebe East
88	Merliza M. Gabriel	Dalan Baliti Elementary School	Macabebe West
89	Lady Jane S. Napao	Consuelo Elementary School	Macabebe West
90	Joseph L. Jimenez	Sta. Maria Elementary School	Macabebe West
91	Gay D. Canlas	Lourdes Elementary School	Minalin
92	Miriam V. Mandap	San Isidro Elementary School	Minalin
93	Maria Gracia G. Soliven	Minalin Elementary School	Minalin
94	Maila P. Olgado	Sta. Monica Elementary School	San Simon
95	Rizza D. Apolinario	Sto. Nino Elementary School	San Simon
96	Gaudencia S. Dela Cruz	Concepcion Integrated School	San Simon
97	Maricel R. Soriano	Balangcas Elementary School	Sto. Tomas
98	Alejandra L. Naluz	San Matias Elementary School	Sto. Tomas
99	Elisa Z. Sicat	Moras Dela Paz Elementary School	Sto. Tomas
100	Joseph Cruz	Tacasan Elementary School	Macabebe East

Resource Speakers/Training Team



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Resource Speakers/Training Team

1	Noel Dominado	Senior HS in Magalang Stand Alone 2	I
2	Ador P. Layug	Sto. Tomas HS, Sasmuan	II
3	Jennifer B. Cudal	Diosdado Macapagal MHS	III
4	Jenny Rose Abejero	Arayat NHS	I
5	Jermaine Anne Mesina	Telesforo and Natividad Alfonso HS	IV
6	Abel Villanueva	Becuran HS	II
7	Nelson Gonzales	San Matias HS	VI
8	Edelina S. Pusung	San Vicente HS	III
9	Catherine A. Culala	San Juan HS, Mexico	IV



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Enclosure No. 2 to Division Memorandum No. \_\_, s. 2023

**Training Matrix**

	Day 1	Day 2
8:00	Opening Program	MOL
8:30 – 12:00	Perceptual Motor Learnings (Noel Dominado, Jan Jan Lansangan)	Capturing the right angles and rendering (Nelson Gonzales)
12:00 – 1:00	LUNCH Break	
1:00 – 3:00	Basic Movement Skills (Jennifer Cudal, Jenny Rose Abejero)	Workshop (Training Team)
3:00 – 5:00	Special Skills (Ador Layug, Abel Villanueva)	Critiquing of Outputs Clearing House Closing Program



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