



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF PAMPANGA

October 25, 2023

DIVISION MEMORANDUM
No. **556**, s. 2023

**PAMPANGA PROVINCIAL OFFICE MANYAMAN COOK-OFF (BEST AROBU)
COMPETITION**

To: Assistant Schools Division Superintendents
Chief Education Program Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Elementary and Secondary School Heads

1. The Pampanga Provincial Office in coordination with the Schools Division of Pampanga announces the conduct of **Manyaman Cook-off (Best Arobu) Competition** slated on December 5, 2023, from 8:00 am until 12:00 nn at the Pampanga Provincial Capitol, City of San Fernando, Pampanga.
2. Specifically, the Cooking Competition aims to:
 - a. perpetuate authentic Kapampangan recipes and
 - b. instill love and appreciation for Kapampangan culture among youth.
3. The one-day activity is open to all senior high school students among the 19 municipalities in the province. Each team shall be composed of three members who may come from one school or from select schools within each municipality or they may opt to conduct district level competitions. Schools are requested to coordinate with the PSDS in-charge in the selection of the participants.
4. Listed below is the mechanics which the participants need to observe:
 - a. Each team shall cook “arobung manuk” using one kilo of chicken.
 - b. The one kilo of chicken should be pre-cooked for the audience to taste while the other kilo shall be cooked for the competition proper.
 - c. Each team is required to bring its own kitchen utensils like cutting boards, knives, ladles, spoons, forks, measuring devices, pots, etc. Meanwhile the organizing committee shall provide for the two burner stoves with LPG, tables and a box of “arobu” ingredients (e.g. two kilos of chicken, laurel, gulgul, soy sauce, vinegar, sugar, star anise, clove (paku), onions, whole peppercorns, and garlic. No other ingredients shall be used other than the stated above.



Address: High School Blvd., Brgy. Lourdes, City of San Fernando (P)
Telephone No.: (045) 435-2728; (045) 435-7404
Email Address: pampanga@deped.gov.ph
Website: www.depedpampanga.ph



Republic of the Philippines
Department of Education
REGION III
SCHOOLS DIVISION OF PAMPANGA

- d. Use of MSG and other food enhancers like magic sarap, ajiginisa, knorr cubes/bouillons, and the like is strictly prohibited.
5. Cash prizes shall be awarded to all winners and participants in the competition. Below is the breakdown of the prizes:
- | | |
|-----------------------|--------------|
| 1 st Place | - P20,000.00 |
| 2 nd Place | - P15,000.00 |
| 3 rd Place | - P10,000.00 |
- 16 consolation prizes@ P3,000.00 each
6. Special prizes shall also be given to the participants with the Best Booth Costumes. Below is the breakdown of prizes:
- | | |
|-----------------------|--------------|
| 1 st Place | - P10,000.00 |
| 2 nd Place | - P7,000.00 |
| 3 rd Place | - P5,000.00 |
7. Deadline for the submission of entries is on October 31, 2023.
8. For more details about the cooking competition, you may inquire from the EPS in-charge of Home Economics, Maria Carmen M. Evangelista.
9. Wide dissemination of this Memorandum to all concerned is earnestly desired.

ROMEO M. ALIP PhD, CESO V
Schools Division Superintendent

000000022363

