Republic of the Philippines
# Department of Education
Region III
**SCHOOLS DIVISION OF PAMPANGA**

**ADVISORY NO. 046 s. 2026**
August 5, 2026

In compliance with DepEd Order No. 8, s. 2013 this advisory is issued not for endorsement per DO 28, s. 2001 but only for the information of DepEd officials, personnel/staff, as well as the concerned public

## GR8LIFE INTERNATIONAL CORPORATION

Attached herewith is the letter from Ernesto Molina, Gr8life Health and Wealth Advocate of Gr8life International Corporation offering seminar on Empowering Minds: Mental Health and Weel-Being for Sustainable Education to raise awareness on the importance of mental health in basic education and to equip teachers and personnel on practical stress management and resilience building techniques.

Moreover, participation of the activity is purely VOLUNTARY.

For your information and guidance.

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GR8LIFE®
International Corporation
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July 8, 2026

**ROMEO M. ALIP, PhD. CESO V**
Schools Division Superintendent
Division of Pampanga
City of San Fernando (P)

ATTENTION: **ARCELI S. LOPEZ, PhD.**
*SGOD Chief*

Sir:

Warm greetings of peace and collaboration.

In line with the implementation of Republic Act No. 12080, also known as the Basic Education Mental Health and Well-Being Promotion Act, we respectfully propose a collaborative seminar between the Department of Education and Gr8life aimed at strengthening mental health awareness and support systems within our schools.

RA 12080 emphasizes the importance of promoting mental health services and well-being programs for both learners and education personnel. Recognizing the increasing challenges faced by teachers, and school staff—including stress, burnout, anxiety, and emotional fatigue—this initiative seeks to provide proactive, practical, and sustainable mental wellness strategies within the academic environment.

We would like to formally propose a seminar entitled:

"Empowering Minds: Mental Health and Well-Being for Sustainable Education"

**Objectives of the Seminar:**

1. To raise awareness about the importance of mental health in basic education.
2. To equip teachers and personnel with practical stress management and resilience-building techniques.
3. To provide students with tools for emotional regulation, self-awareness, and positive coping strategies.
4. To support DepEd's mandate in institutionalizing mental health programs aligned with RA 12080.

Gr8life is implementing a movement which is what we call "PURPLE POWER MOVEMENT" and it is committed to delivering value-driven, evidence-informed, and engaging sessions facilitated by trained speakers who specialize in personal development, stress management, and holistic well-being. Our goal is to complement DepEd's existing programs and contribute to a healthier, more productive learning environment.

We believe that through this collaboration, we can help schools cultivate emotionally resilient students and empowered educators—ultimately improving academic performance, workplace morale, and overall school culture.

We would be honored to present this proposal in detail at your most convenient time and discuss how we can tailor the seminar to meet the specific needs of your division or institution.

Thank you very much for your time and consideration. We look forward to the opportunity to partner with you in promoting mental health and well-being in our schools.

Respectfully yours,

Ernesto Molina
Gr8life Health and Wealth Advocate
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