Republic of the Philippines
Department of Education
Region III
SCHOOLS DIVISION OF PAMPANGA

March 23, 2026

DIVISION MEMORANDUM
No. 217, s. 2026

BARKADA KONTRA DROGA (BKD) PROGRAM – DANGEROUS DRUGS BOARD TRAINING OF TRAINERS ON LIFE SKILLS ENHANCEMENT FOR DRUG ABUSE PREVENTION EDUCATION

To: Assistant Schools Division Superintendent
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisors
Public Secondary School Heads
All Other Concerned

1. The Department of Education – Schools Division Office of Pampanga, through the School Governance and Operations Division – Learner Formation Unit, hereby announces the conduct of the **Barkada Kontra Droga (BKD) Program – Dangerous Drugs Board Training of Trainers on Life Skills Enhancement on Drug Abuse Prevention Education** on **March 24–26, 2026**, to be held at **Widus Hotel, Clark, Pampanga**.

2. The Training of Trainers on Life Skills Enhancement on Drug Abuse Prevention Education aims to strengthen the capacity of educators and designated personnel in delivering effective, skills-based drug prevention programs in schools. Grounded in experiential learning principles, the program focuses on developing adaptive and positive behaviors that enable individuals to effectively deal with the demands and challenges of everyday life. By equipping participants with essential life skills and facilitation competencies, the training supports the Department's continuing commitment to promote safe, healthy, and drug-free learning environments across SDO Pampanga.

Address: High School Blvd., Brgy. Lourdes, City of San Fernando (P)
Telephone No.: (045) 435-2728; (045) 435-7404
Email Address: pampanga@deped.gov.ph
Website: www.depedpampanga.ph

3. Objectives:
   - Enhance personal skills necessary to resist drugs and make responsible life choices;
   - Deepen understanding of effective communication, facilitation techniques, self-esteem development, and assertiveness skills as critical components of drug abuse prevention education;
   - Strengthen participants' personal commitment to actively support and sustain the campaign against the drug menace; and
   - Formulate concrete action plans integrating life skills enhancement strategies into future school-based drug abuse prevention programs.

4. Attached are the Program Matrix, and the DepEd SDO Pampanga Delegation.

5. Should you have any questions or require further assistance, please do not hesitate to contact **Ms. Shaine M. Reyes**, Division Learner Formation Coordinator, via email at **shaine.reyes@deped.gov.ph** or by phone at **961-52-62**.

6. Widest dissemination of this Memorandum is earnestly desired.

ROMEO M. ALIP, PhD, CESO V
Schools Division Superintendent

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PROGRAM MATRIX

BARKADA KONTRA DROGA (BKD) PROGRAM – DANGEROUS DRUGS BOARD
TRAINING OF TRAINERS ON LIFE SKILLS ENHANCEMENT
FOR DRUG ABUSE PREVENTION EDUCATION
March 24 - 26, 2026
Widus Hotel Clark, Pampanga

DAY 1	ACTIVITY	PERSON-IN-CHARGE
8:00 am – 9:00 am	**Registration / Attendance**	Dangerous Drugs Board Team
9:00 am – 9:30 am	**Opening Program** • Invocation • Makabayan Song • Dangerous Drugs Board Hymn	DepEd SDO Pampanga - Program Management Team
9:30 am - 9:45 am	**Welcome Message**	**Ella Marie D. Repomanta** Acting Chief, Preventive Education, Training and Information Division Dangerous Drugs Board
9:45 am – 10:00 am	**Inspirational Message**	**Arceli S. Lopez, Ph.D.** Chief Education Supervisor, School Governance and Operations Division
Health Break		
10:00 am - 11:00 am	**Orientation of the Training**	**Edna A. Villavicencio** Training Specialist III Dangerous Drugs Board
11:00 am - 12:00 nn	**Yahoo/Tittle TAttle/Expectation Setting/Ground Rules**	**John Christopher Del Mundo** Dangerous Drugs Board
Lunch Break		
1:00 pm – 1:45 pm	**Secret Friends / Positive Envelopes**	**Edna A. Villavicencio** Training Specialist III Dangerous Drugs Board
1:45 pm – 2:45 pm	**Building Self-Esteem**	
Health Break		
3:00 pm - 4:00 pm	**Continuation of Building Self-Esteem**	**Edna A. Villavicencio** Training Specialist III Dangerous Drugs Board

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DAY 2	ACTIVITY	PERSON-IN-CHARGE
8:00 am – 8:30 am	**Preliminaries**	Dangerous Drugs Board Team
8:30 am – 9:45 am	**Communication Skills**	**Liane Angelica M. Kalacas** Dangerous Drugs Board Information Officer III
	Health Break	
10:00am - 11:00 am	**Continuation of Communication Skills**	**Liane Angelica M. Kalacas** Dangerous Drugs Board Information Officer III
11:00 am - 12:00 nn	**Facilitation Skills**	**Maria Lina G. Reyes** Dangerous Drugs Board Information Officer III
	Lunch Break	
1:00 pm – 2:00 pm	**Continuation of Facilitation Skills**	**Maria Lina G. Reyes** Dangerous Drugs Board Information Officer III
	Health Break	
2:00 pm - 4:00 pm	**Decision Making Skills**	**Lalaine F. Divina** Health Education and Promotion Officer III Dangerous Drugs Board

DAY 3	ACTIVITY	PERSON-IN-CHARGE
8:00 am – 8:30 am	**Preliminaries**	Dangerous Drugs Board Team
8:30 am – 10:00 am	**Assertion Skills**	**Edna A. Villavicencio** Training Specialist III Dangerous Drugs Board
10:00 am - 12:00 nn	**Personal Skills**	**Kenneth D. Prado** Health Education and Promotion Officer II Dangerous Drugs Board
10:15am - 12:00 nn	**Revelation of Secret Special Friend and Processing of Positive Envelopes**	**Edna A. Villavicencio** Training Specialist III Dangerous Drugs Board
	Lunch Break	
1:00 pm – 2:00 pm	**Revelation of Secret Special Friend and Processing of Positive Envelopes**	**Edna A. Villavicencio** Training Specialist III Dangerous Drugs Board
2:00 pm – 2:30 pm	**Post Test / Post Evaluation**	Dangerous Drugs Board Team
2:30 pm - 3:30 pm	**Closing Activity** Participants' Takeaways / Learning Insights Concerns / Q&A Awarding of the Certificates Photo Opportunity	DepEd SDO Pampanga - Program Management Team

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Department of Education – Schools Division Office of Pampanga Delegation
Training of Trainers on Life Skills Enhancement for Drug Abuse Prevention Education
Widus Hotel, Clark, Pampanga
March 24–26, 2026

	NAME	OFFICE / SCHOOL	DESIGNATION
	Arceli Lopez, Ph.D.	School Governance and Operations DIvision	Chief Education Supervisor
	Paula Meneses	School Governance and Operations DIvision	Project Development Officer II
	Jayson Santos	School Governance and Operations DIvision	Senior Education Program Specialist
	Kristin Marie Santos	School Governance and Operations DIvision	Education Program Specialist II
	Nerisse Nicole Torres	School Governance and Operations DIvision	Education Program Specialist II
	Rachel Camille L. Delgado	School Governance and Operations DIvision	Project Development Officer I
	Chesca Marie M. Soliman	School Governance and Operations DIvision	Project Development Officer I
	Shaine M. Reyes	School Governance and Operations DIvision	Project Development Officer I
	Roberta T. Alonzo	Health Section Unit	Nurse II
	Carla Marie Rhyan M. Gamboa	Health Section Unit	Nurse II
	Roief R. Calderon	Lambac Elementary School	Administrative Officer II
	Michael Angelo R. Angeles	San Roque Arbol High School	Administrative Officer II
	Ronel V. Francisco	Pasig National High School - Candaba	Teacher II
Cluster 1			
1	Norman G. Parungao	Ayala High School	BKD Cluster I Coordinator
2	Pepito M. Cabuhat	San Juan Bano High School	BKD School Coordinator
3	Prince Leevard Pasetes	Ayala High School	BKD Officer
4	Nathan V. Caampued	San Juan Baño High School	BKD Officer
5	Xian Marvelous Lim	Ayala High School	BKD Officer
6	Cyruz L. Cueva	San Juan Baño High School	BKD Officer
7	Caziemane Shne M. Paras	Camba National High School	BKD Officer
Cluster 2			
1	Dennis Christian A. Batac	Pulungmasle National High School	BKD Cluster II Coordinator
2	Reynaldo D. Ballesteros	Batang II Integrated School	BKD School Coordinator
3	Khenjie Troy F. Guanlao	Becuran National High School	BKD Officer - President

4	Yeshiyah Yoel R. Malubay	Natividad High School	BKD Officer - President
5	Luis Andrei D. Gabelo	Porac Model Community High School	BKD Officer - Auditor
6	Trisha May D. Villaster	Pulungmasle National High School	BKD Officer
Cluster 3			
1	Cris Carlo H. Carlos	San Jose National High School	BKD Cluster III Coordinator
2	Jan Mark S. Manalansan	Floridablanca National Agricultural School	BKD Cluster III Coordinator/ VP
3	Justine Keeno M. Batulan	Sta. Cruz National High School	BKD Cluster III Officer- President
4	Princess Nicole P. Lumanlan	San Pablo 2nd National High School	BKD Cluster III Officer- Vice President
5	Francheska B. Castro	Baruya National High School	BKD Cluster III Officer- Secretary
6	Robi C. Artajo	Lubao National High School	BKD Cluster III Officer- Protocol Officer
Cluster 4			
1	Efren A. Reyes Jr.	Malino National High School	BKD Cluster IV Coordinator
2	Reymart A. Pangan	Sta. Ana National High School	BKD School Coordinator
3	Shyra Joy B. Vital	Nicanor David Vergara High School	BKD Officer
4	Alexa Shayne Garcia	Diosdado Macapagal High School	BKD Officer
5	Stevenzon T. Baking	San Vicente Pilot School for Philippine Craftsm	BKD Officer
Cluster 5			
1	Regino B. Agbuya	San Carlos San Luis National High School	BKD Cluster V Head
2	Reysan C. Sangcap	Lanang High School	BKD School Coordinator
3	Ryben Mhar S. Garcia	San Carlos San Luis National High School	BKD Officer - President
4	Jan Wendell R. Sumat	San Carlos San Luis National High School	BKD Officer - Vice President
5	Ian O. Delos Santos	Lanang High School	BKD Officer - President
6	Aaron Joshe S. Ramos	San Carlos San Luis National High School	BKD Officer - Protocol Officer
Cluster 6			
1	Raffy Bautista	Sta. Maria National High School-Minalin	Cluster VI BKD Leader
2	Allain M. Alfonso	Sta. Monica High School	BKD Coordinator
3	Salvador Jr. C. Batuac	Sta. Maria National High School-Minalin	BKD President
4	Kent Xyrus O. Liwanag	Sta. Monica High School	BKD President
5	Dana Rhian P. Tolosa	Bulac National High School	BKD President
6	Mary Grace A. Mendoza	Concepcion Integrated School	BKD Grade 10 Representative
Cluster 7			

1	Ryan T. Baluyut	Tarik Suliman High School	Cluster VII BKD Coordinator
2	Gladys G. Dantes	Dalayap High School	BKD Coordinator
3	RC B. Lagazon	Tarik Suliman High School	Tarik Suliman HS-BKD-Vice President
4	Kyle Ciejay A. Batac	Tarik Suliman High School	Tarik Suliman HS-BKD-Secretary
5	Quiambao, Stephen Lody C.	Masantol High School	BKD Cluster 7 President
6	Bungay, Princess Anne M.	Dalayap High School	Dalayap HS-BKD-Vice President